

Parent Provider Connections - July 2022

FARM TO ECE

We can incorporate Farm to ECE by sourcing from local food providers, going on field trips to farms and produce vendors, and including raw taste tests and learning materials in our curriculum. Our goal is to create a healthier environment where the children have access to nutritious, high quality food.

HULA HOOP LASSOS

Place outdoor toys and objects in a large space outside where children can spread out. Using the hula hoops, have them try to gently toss (or lasso) the targets on the ground. Set up different challenges to include an assortment of objects at various distances.

COWBOY CLUSTERS

1/2 lb long grain brown rice
1 lb frozen corn

Add 1/4 cup warmed corn to 1/4 cup cooked brown rice and form into a ball. Children will love this healthy side dish.

#CACFPCreditable

BUCKAROO BOOTS

Every cowboy needs a pair of boots! Use the template found at cacfp.org and allow the children to create their own special, one-of-a-kind cowboy boots.



cacfp.org