

# MN Eats

SHIP collaborates with community partners to make changes that result in healthy foods being more available and affordable.

What does your community need?



Connect with your local SHIP coordinator.  
Health.OSHII@state.mn.us

## Farmers Markets

Developing connections and enlarging the reach between local farmers and seasonal market opportunities

## School Nutrition Environment

Creating environments where all students can access healthful food and beverages and gain the skills for a lifetime of nutritious eating

## SuperShelf™

Transforming food shelves into welcoming spaces for better access to appealing, healthful food

## Food Rx

Enhancing health provider support to patients for access to affordable, healthful food

## Breastfeeding in the Workplace

Supporting the health and wellbeing of nursing mothers and their babies through workplace accommodations

ship  
Minnesota Statewide  
Initiative for  
Improving Food  
Access and Nutrition

## Vital partnership with communities

“ SHIP provides much-needed leadership, connections, time and funds for local food initiatives. Farm to School, SuperShelf, Food Rx and the Farmers’ Market would not be as successful in Aitkin County without the efforts of our SHIP coordinator. Growing these connections with farmers and buyers keeps local dollars local, and that benefits everyone.”

—Allison Rian, Aitkin Farmers’ Market Hub Manager

“ SHIP has done so much to help local farmers get connected with local eaters. Aitkin County is a leader in farm to school in rural Minnesota, and that’s because of the sustained effort in SHIP.”

—Jane Jewett, Owner of WillowSedge Farm



Photo by Allison Rian